



**Parent/carer Coffee Information Sessions  
For Sutton Families  
2024**



Would you like to meet with other parents/carers in a cosy, non-judgemental and welcoming environment?

Would you like to find out about services that are available in the London Borough of Sutton that may benefit you and your family?

Would you like to give your opinion about what you feel is needed in your local area?

Maybe you just want some advice on a matter and you don't know where to turn.

Do you require any parenting advice?

If your answer is 'yes' to any of the questions above, we are facilitating parent/carer coffee/information sessions in your local area.

The very least you will get from attending our coffee/information sessions, is a genuine and sincere warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

We can organise guest speakers who can offer you advice on a range of issues and we can signpost you to relevant services if required subject to your needs.

Parenting can be so rewarding. However, at times it can also bring its challenges and worries and this can make you feel isolated.

You don't need to make an appointment. Just turn up.

If you would like to find out more about the sessions, please contact

**Clare Kennedy Parenting Administrator via her email: [clare.kennedy@sutton.gov.uk](mailto:clare.kennedy@sutton.gov.uk)**



## **Parent Coffee/Information Sessions**

**Daytime Sessions 9.30am – 11.30am**

- 1. Friday 12<sup>th</sup> January Tweeddale Children's Centre**
- 2. Tuesday 16<sup>th</sup> January Phoenix Centre**
- 3. Friday 19<sup>th</sup> January Sutton Library Family Hub**
- 4. Friday 26<sup>th</sup> January Tweeddale Children's Centre**
- 5. Tuesday 30<sup>th</sup> January Phoenix Centre**
- 6. Friday 2<sup>nd</sup> February Sutton Library Family Hub.**
- 7. Friday 9<sup>th</sup> February Tweeddale Children's Centre**
- 8. Tuesday 20<sup>th</sup> February Phoenix Centre**
- 9. Friday 23<sup>rd</sup> February Sutton Library Family Hub**
- 10. Friday 1<sup>st</sup> March Tweeddale Children's Centre**
- 11. Tuesday 5<sup>th</sup> March Phoenix Centre**
- 12. Friday 8<sup>th</sup> March Sutton Library Family Hub**
- 13. Friday 15<sup>th</sup> March Tweeddale Children's Centre**
- 14. Tuesday 19<sup>th</sup> March Phoenix Centre**
- 15. Friday 22<sup>nd</sup> March Sutton Library Family Hub**
- 16. Tuesday 16<sup>th</sup> April Phoenix Centre**
- 17. Friday 19<sup>th</sup> April Tweeddale Children's Centre**
- 18. Friday 26<sup>th</sup> April Sutton Library Family Hub**
- 19. Tuesday 30<sup>th</sup> April Phoenix Centre**
- 20. Friday 3<sup>rd</sup> May Tweeddale Children's Centre**

21. Friday 10<sup>th</sup> May Sutton Library Family Hub
22. Tuesday 14<sup>th</sup> May Phoenix Centre
23. Friday 17<sup>th</sup> May Tweeddale Children's Centre
24. Friday 24<sup>th</sup> May Sutton Library Family Hub
25. Tuesday 4<sup>th</sup> June Phoenix Centre
26. Friday 7<sup>th</sup> June Tweeddale Children's Centre
27. Tuesday 18<sup>th</sup> June Phoenix Centre
28. Friday 21<sup>st</sup> June Tweeddale Children's Centre
29. Friday 28<sup>th</sup> June Sutton Library Family Hub
30. Tuesday 2<sup>nd</sup> July Phoenix Centre
31. Friday 5<sup>th</sup> July Tweeddale Children's Centre
32. Friday 12<sup>th</sup> July Sutton Library Family Hub
33. Tuesday 16<sup>th</sup> July Phoenix Centre
34. Friday 19<sup>th</sup> July Tweeddale Children's Centre
35. Tuesday 10<sup>th</sup> September Phoenix Centre
36. Friday 13<sup>th</sup> September Tweeddale Children's Centre
37. Friday 20<sup>th</sup> September Sutton Library Family Hub
38. Tuesday 24<sup>th</sup> September Phoenix Centre
39. Friday 27<sup>th</sup> September Tweeddale Children's Centre
40. Friday 4<sup>th</sup> October Sutton Library Family Hub
41. Tuesday 8<sup>th</sup> October Phoenix Centre
42. Friday 11<sup>th</sup> October Tweeddale Children's Centre
43. Friday 18<sup>th</sup> October Sutton Library Family Hub
44. Tuesday 22<sup>nd</sup> October Phoenix Centre
45. Friday 25<sup>th</sup> October Tweeddale Children's Centre

- 46. Tuesday 5<sup>th</sup> November Phoenix Centre**
- 47. Friday 8<sup>th</sup> November Sutton Library Family Hub**
- 48. Friday 15<sup>th</sup> November Tweeddale Children's Centre**
- 49. Tuesday 19<sup>th</sup> November Phoenix Centre**
- 50. Friday 22<sup>nd</sup> November Sutton Library Family Hub**
- 51. Friday 29<sup>th</sup> Tweeddale Children's Centre**
- 52. Tuesday 3<sup>rd</sup> December Phoenix Centre**
- 53. Friday 6<sup>th</sup> December Sutton Library Family Hub**
- 54. Friday 13<sup>th</sup> December Tweeddale Children's Centre**

### **Parent Coffee/Information Sessions**

#### **Evening Group 6pm-8pm**

**Venue: The Quad. Green Wrythe Lane, Carshalton SM5 1JW**

- 1. The Quad Monday 22<sup>nd</sup> January**
- 2. The Quad Monday 19<sup>th</sup> February**
- 3. The Quad Monday 11th March**
- 4. The Quad Monday 22<sup>nd</sup> April**
- 5. The Quad Monday 20<sup>th</sup> May**
- 6. The Quad Monday 10<sup>th</sup> June**
- 7. The Quad Monday 8<sup>th</sup> July**
- 8. The Quad Monday 16<sup>th</sup> September**
- 9. The Quad Monday 14<sup>th</sup> December**

## **Chill, Chat and Connect Men's Group**



Aimed at fathers, stepfathers, foster dads, grandfathers and other significant male carers.

Fathers/male carers matter and they have a huge and significant impact on the lives of their children.

These monthly sessions are a chance for men to meet together to chill, chat and connect. It's a chance to share experiences and the challenges/positives of family life.

This is a safe, supportive, relaxed and non-judgemental space.

This group is led by male parent volunteers who are fathers themselves, with support of the parenting coordinator, Theresa Cameron.

Support and advice is available as required.

Light refreshments available.

### **Where:**

**The Quad, Green Wrythe Lane, Carshalton SM5 1JW**

### **Group dates and times:**

**Monday 8<sup>th</sup> January 2024**

**Monday 5<sup>th</sup> February 2024**

**Monday 4<sup>th</sup> March 2024**

**Monday 15<sup>th</sup> April**

**Monday 13<sup>th</sup> May 2024**

**Monday 3<sup>rd</sup> June 2024**

**Monday 1<sup>st</sup> July 2024**

**Monday 9<sup>th</sup> September 2024**

**Monday 7<sup>th</sup> October 2024**

**Monday 4<sup>th</sup> November 2024**

**Monday 2<sup>nd</sup> December 2024**

## **Useful Information**

### **Addresses of Venues:**

Sutton Library Family Hub, Sutton Central Library, St Nicholas Way, Sutton SM1 1EA

Tweeddale Children's Centre, Tweeddale Road, Carshalton SM5 1SW

Wallington Family Hub. The Phoenix Centre, Mollison Drive Wallington SM6 9NZ

### **Family Hub Connectors Contact Details:**

Maya Nielsen Family Hub Connector for Central Sutton. Mob: 07821 637 721

Sharon Hackett Family Hub Connector for Carshalton. Mob: 07783 656 916

Natasha Barratt-Walters Family Hub Connector for Wallington. Mob: 07720 167 409

Sonia Gooden Family Hub Connector for Cheam and South Sutton. Mob: 07729 080069

### **Parenting Service Contact Details:**

Theresa Cameron Parenting Coordinator: Mob 07736 33 8924

Clare Kennedy Parenting Administrator: Working hours: Monday-Tuesday 9-5pm, Wednesday 9am-1pm. Mob: 07873 702 777

Telephone: 020 8770 5801. Mobile: 07873 702 777

Keeley Carter. Parenting Support Worker: Mob: 07761875887