

Education Wellbeing Service

Parent Webinars

Autumn Term SCHEDULE 2023

11TH or 12TH SEPTEMBER

Finding your Feet: Emotional Wellbeing and Starting School or Nursery

For early years primary school
parents & carers

25TH or 26TH SEPTEMBER

Through the School Gates- Overcoming Daily Challenges Getting into School

For all primary school parents &
carers

28TH SEPTEMBER or 2ND OCTOBER

Understanding ARFID (Avoidant Restrictive Food Intake Disorder)

For all primary school parents &
carers

9TH or 11TH OCTOBER

Parenting Children With Characteristics of ADHD

For all primary school parents &
carers

14TH or 16 NOVEMBER

Supporting Big Emotions at Home and School- The Zones of Regulation

For all primary school parents &
carers

13TH or 21ST NOVEMBER

Understanding And Supporting Your Child With Autism Spectrum Condition

For primary school parents of children
with an ASC diagnosis (any age)

We also provide free 1:1 early support for parents of primary aged children to support their child's common worries and anxieties or support children's tricky or challenging behaviours, speak to your school to find out more

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link to Sign Up to any of these
free local NHS parent webinars
and hear more

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to sign up](#)



Education Wellbeing Service

Parent Webinars

Spring & Summer Term SCHEDULE 2024

16TH or 17TH January

Understanding And Supporting Your Child's Sleep

For all primary school parents &
carers

27TH or 29TH February

Supporting Common Child Anxieties and Worries- Including Around Exams

For KS2 parents & carers

Various Dates Across Summer Term

Worry Ninja- Supporting Confident Transitions to Secondary School

For Year 6 parents & carers

TBC

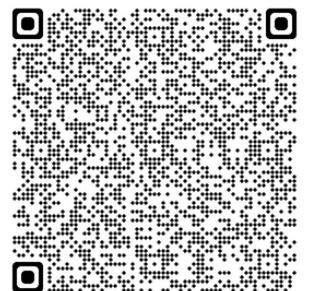
Supporting The Development of Healthy Body Image in Children

For all primary school parents &
carers

INSTRUCTIONS

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